



Harrah Senior Center

Menu for September 2021

Lunch for All Ages



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Shredded Chicken Burrito. wet with Green Sauce	2 Sausage, Olive, & Onion Stromboli Green Salad	3 Chicken Club Wrap Chips Fruit	4
5	6  CENTER CLOSED	7 Butter Beans with Ham Cornbread Green Salad	8 Chicken Rice Casserole Veggie Roll	9 Lemon Garlic Shrimp Pasta Garlic Bread Green Salad	10 Chili Cheese Burger Coleslaw Chips	11
12	13 Ortega Chicken Rice Pilaf Veggie Roll	14 Beef Fajitas Rice & Beans Green Salad	15 Tuna Salad Sandwich Pasta Salad Pickle	16 Chicken Pasta Florentine Garlic Bread Green Salad	17 Spare Ribs Baked Beans Veggie Cornbread	18
19	20 Beef Tips & Noodles Veggie Roll	21 Jamaican Jerk Chicken Rice Roll Green Salad	22 Teriyaki Burger Coleslaw	23 Spaghetti with Meat Sauce Garlic Bread Green Salad	24 Turkey Stuffing Gravy Veggie Cranberry Sauce Roll	25
26	27 Meat Loaf Mash Potato with Gravy Veggie Roll	28 Turkey ala King/ Noodles Veggie Bread Green Salad	29 Carnitas Tacos Rice Beans	30 BBQ Chicken Bacon Sandwich Cajon Rice & Beans Green Salad		

**Senior Center
Thrift Shop**

**459-6826
459-2176**