



# Harrah Senior Center Menu for August 2021 Lunch for All Ages



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Turkey Amish Noodles Veggie Roll	3 Kielbasa, peppers & onions over Rice Roll Green Salad	4 Hot Dogs Macaroni & Cheese Fruit	5 Mexican Seafood Cocktail Toast Green Salad	6 Carnitas Burrito wet with Green Sauce	7
8	9 Meat Lasagna Veggie Garlic Bread	10 Cobb Salad Garlic Bread	11 Chicken Enchiladas Rice Beans	12 Steamed Lemon Dill Tilapia Rice Pilaf Roll Green Salad	13 Teriyaki Chicken Stir Fry	14
15	16 Spicy Crispy Chicken Sandwich Potato Puffs	17 French Bread Pizza Mozzarella Stix Green Salad	18 Ground Beef Tacos Rice Beans	19 Beef Tips & Noodles Veggie Roll Green Salad	20 Ham & Turkey Deli Sandwich Chips Carrot Salad	21
22	23 Chili Rellenos Casserole Rice Beans	24 Ground Sirloin Mash Pota- toes/Gravy Roll Green Salad	25 Chicken Salad Sandwich Pea Pasta Salad	26 Spaghetti with Meat Sauce Veggie Garlic Bread Green Salad	27 Turkey Stuffing Cranberry Sauce Veggie Roll	28
29	30 Crispy Western Chicken Sandwich Beans Corn	31 Open Faced Turkey Sandwich Mash Pota- toes Green Salad				