



Harrah Senior Center Menu for April 2021



Lunch for All Ages—To Go Menu Available

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Steamed Tilapia Rice Pilaf Veggie Roll Green Salad	2 Carnitas Tacos Rice Beans	3
4 	5 Country biscuit & sausage patty smothered in gravy Scrambled Eggs Hash Browns	6 Turkey Curry Rice Veggie Roll Green Salad	7 Chicken Salad Sandwich 3 Bean Salad Cottage	8 Spaghetti with Meat Sauce Garlic Bread Green Salad	9 Teriyaki Chicken Stir Fry	10
11	12 Beer Brats Chili Coleslaw	13 Salisbury Steak Mash Potato Veggie Roll Green Salad	14 Shredded Chicken Burritos Rice, beans, & cheese with Green Sauce	15 BBQ Rib Sandwich Chips Corn Green Salad	16 Ortega Chicken Rice Pilaf Veggie Roll	17
18	19 Chili Rellenos Casserole Rice Beans	20 Meat Ball Sub with Marinara & Mozzarella Green Salad	21 Fish Sandwich Chips Pickle	22 Paprika Chicken Rice Veggie Roll Green Salad	23 Roast Beef: celery, potatoes, carrots & gravy Roll	24
25	26 Ground Beef Burritos Rice & Beans	27 Chili Baked Potato with Sour Cream Cornbread Green Salad	28 Bacon ranch crispy chicken sandwich Baked Beans Mac Salad	29 Country fried chicken Mash potato Veggie Roll Green Salad	30 Turkey Stuffing/ gravy Veggie Cranberry Sauce Roll	